

Supporting People with ADHD in the Workplace: A Free Webinar

People with ADHD often have exceptional strengths. Harnessing strengths such as hyperfocus and multi-tasking, while navigating challenges such as lack of motivation can help individuals and organisations thrive.

Join us for an informative webinar exploring how to support people with ADHD at work. Aimed at HR professionals, managers and/or people who find their ADHD hinders productivity and growth at work.

Learning Outcomes:

- Gain insights into the numerous strengths of people with ADHD.
- Learn how to harness these strengths to positively impact your organization.
- Understand what challenges people with ADHD can face at work.
- Learn effective strategies to navigate such challenges.

Time: 12-1pm UAE time

Date: Thursday June 27th

Fee: This webinar is free of charge

Facilitator: Dr. Miranda Gaylor, Psychologist

Credentials: Dr. Miranda Gaylor is a UK-trained Consultant Psychologist with over 20 years of experience. She specialises in ADHD in adults and offers ADHD coaching.

Location:

Online. A link will be sent upon registration



For registration or more information: hello@vivamus.me and 04 4403844